

"Because of his short attention span, my 11-year-old son was faced with taking Ritalin™. Brain Gym activities allowed him to stay focused and pay attention without medication. His teacher was astounded at the immediate and positive changes."

~Sandy Zachary  
School Administrator  
Hansville, WA

"I started doing Brain Gym because I had reached a frustration plateau in my golfing game. I couldn't break past my 18 handicap. What I needed was to improve my basic level of physical coordination, which is exactly what Brain Gym helped me to accomplish. Within six months, I had won my first of four trophies and my handicap was down to 10."

~Paul Curlee, M.D.  
Grand Junction, CO

"I have a neighbor who is legally blind. I taught her to do Brain Gym and her self-confidence, sense of balance, and ability to learn new material have all improved quite noticeably. Her doctor, who works with many blind people, says she is the highest functioning blind person that he has ever met. She credits this to the time spent working with Brain Gym®."

~Marice Nielsen, D.D., C.R.R.  
Licensed Brain Gym® Instructor  
Springfield, MO

Experience Brain Gym®  
to:

*Learn Anything Faster and  
with More Ease*

*Perform Better in Sports*

*Become More Focused and  
Organized*

*Start and Finish Projects  
with Ease*

*Overcome Learning  
Challenges*

*Enjoy New Levels of  
Excellence*

To learn more about Brain Gym® or  
a private session, contact:

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Brain Gym® Instructor/Consultant  
(602)-418-7030  
beebe41@cox.net

[www.braingym.org](http://www.braingym.org)

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**BRAIN GYM®**

Discover a way to . . .



*Easily*

Accomplish More Than  
You Thought Possible



**BRAIN GYM®**