

# YOUTH PROGRAMS

Developing Life Skills for Active Youth



## Cheerleading

- Cheers, Chants, Jumps, and Stunting
- Pom Dance Routines, Fun Team-Building
- Clinics, Showcases and Competitions - Up to Nationals

Classes  
Start at Only  
**\$9 Weekly!**

## Karate/ Martial Arts

- Essential Life Skills - Respect and Discipline
- Self Defense, Abduction Prevention, and Anti Bullying
- Advancement through Black Belt with Certified Black Belt Instructors

## Soccer

- Positive Team Environment
- Qualified, Non-Volunteer Coaches
- Beginner Through Advanced Skills
- Fun Lessons, Games, Tournaments and Challenges

All Sports are Co-ed



EARN  
GREAT  
AWARDS  
in  
EVERY SPORT

Not all programs are available in all areas – See details on reverse side.



**ACTIVSTARS<sup>®</sup>  
OUTREACH**  
A Non-Profit Organization #45-5559014



## Karate/Cheer Sponsored By: Palomino Intermediate PTO

### MARTIAL ARTS/KARATE AGES 4 – 15

LOCATION	CLASS DAY	DATES	CLASS TIMES (Arrive 15 minutes early for registration)	
<b>Palomino Intermediate Gym</b> 15815 N. 29th Street Phoenix, 85032	Thursdays	8/29 - 1/16 (16 weeks) Start Date: 8/29	Beginners & Yellow Belts (Ages 4 - 6)	5:30 - 6:15 p.m.
			Beginners, Yellow Belts (Ages 7+) & All Green Belts	6:15 - 7:00 p.m.
			Blue Belts & Above	7:30 - 8:30 p.m.

\$9.00 per week for a 45 minute lesson. Extended class fee is \$10.00 per week for a 60 minute lesson. Uniforms are available (not required) for \$33.00.

### CHEERLEADING AGES 4 – 15

LOCATION	CLASS DAY	DATES	PRACTICE TIMES (Arrive 15 minutes early for registration)	
<b>Palomino Intermediate Gym</b> 15815 N. 29th Street Phoenix, 85032	Mondays	8/26 - 1/13 (16 weeks) Start Date: 8/26	JV (Ages 4 - 6)	6:40 - 7:25 p.m.
			Varsity (Ages 7 - 9)	7:25 - 8:10 p.m.
			Jr. All Stars (Ages 10 - 15)	8:10 - 8:55 p.m.
<b>Lookout Mountain El. Cafeteria</b> 15 W. Coral Gables Dr. Phoenix, 85023	Mondays	8/26 - 1/13 (16 weeks) Start Date: 8/26	JV (Ages 4 - 6)	5:45 - 6:30 p.m.
			Varsity (Ages 7 - 9)	6:30 - 7:15 p.m.
			Jr. All Stars (Ages 10 - 15)	7:15 - 8:15 p.m.
			Pro (Tryout Team)	8:15 - 9:15 p.m.

\$9.00 per week for a 45 minute lesson. JV/Varsity poms \$27.00 (Inc.ID tags) avail. at class. \*All Star class fee \$10.00/week for a 60 min. lesson. Jr. All Star Team poms \$24.00.

### SOCCER AGES 5 - 15

LOCATION	CLASS DAY	DATES	REGISTRATION	ORIENTATION & 1st PRACTICE
<b>Lookout Mountain El. Soccer Field</b> 15 W. Coral Gables Dr. Phoenix, 85023	Saturdays	9/14 - 12/14 (12 weeks) Start Date: 9/14	9:00 a.m. (Ages 5 - 6)	9:30 - 10:20 a.m.
			10:45 a.m. (Ages 7 - 8)	11:15 a.m. - 12:05 p.m.
			12:30 p.m. (Ages 9 - 15)	1:00 - 1:50 p.m.

\$9.00 per week for a 50 minute lesson. Soccer ball (\$14.00) and shin pads (\$12.00/pair) are required by the 2<sup>nd</sup> week and are available at class or you may bring your own. *Weekly Soccer practice times will be assigned for the semester during Registration Day.*

- Registration open the first three weeks • Registration fee: \$10.00, non-refundable • Pay weekly or for the full semester
- Register online or at class • Parent/Legal guardian must register student • Checks/Cash/Money Order accepted. Credit/Debit accepted at most locations
- Parents/friends encouraged to watch the first & last class of the semester • For Soccer-In case of bad weather, registration will be held the next week

**The Paradise Valley Unified School District neither endorses nor sponsors the organization or activity represented in this material. The distribution or display of this material is provided as a community service.**

**SAVE TIME REGISTER ONLINE!**

PARA ESPAÑOL LLAME 480-603-3780, O visite nuestra pagina [www.activstars.com](http://www.activstars.com)

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