



HUMAN GROWTH & DEVELOPMENT

Grade 9 Curriculum Overview

INTRODUCTION

Paradise Valley Unified School District's comprehensive human growth and development curriculum has as its goal to help all students reach and maintain their highest level of health and wellness. Central to this understanding is the interconnectedness of physical, behavioral, and social well being, in addition to a preventive approach to staying healthy. Students learn to make responsible personal decisions while working with others to maintain healthy relationships. The curriculum was developed through a district committee with input from school personnel, parents, clergy, and medical experts who were committed to students' well-being. The adopted curriculum fully complies with the Arizona Department of Education's guidelines for human growth and development education and is an opt-in program for students.

FORMAT

Video lesson.

CONTENT

- Risky behaviors (e.g. drugs, alcohol)
- Reflection on individual life goals (short-term and long-term social and academic goals)
- Affirmative consent standards
- Sexual violence in the context of consent standards
- Characteristics of healthy relationships
- Legal issues involving consent
- Arizona paternity rights