



HUMAN GROWTH & DEVELOPMENT

Grade 10 Curriculum Overview

INTRODUCTION

Paradise Valley Unified School District's comprehensive human growth and development curriculum has as its goal to help all students reach and maintain their highest level of health and wellness. Central to this understanding is the interconnectedness of physical, behavioral, and social well being, in addition to a preventive approach to staying healthy. Students learn to make responsible personal decisions while working with others to maintain healthy relationships. The curriculum was developed through a district committee with input from school personnel, parents, clergy, and medical experts who were committed to students' well-being. The adopted curriculum fully complies with the Arizona Department of Education's guidelines for human growth and development education and is an opt-in program for students.

FORMAT

Video lesson.

CONTENT

- Major structures and functions of the human reproductive system
- Signs and symptoms of sexually-transmitted infections (STI)
- Failure rates of common contraceptives
- Abstinence and its preventive role in STI transmission and pregnancy