



HUMAN GROWTH & DEVELOPMENT

Grade 8 Curriculum Overview

INTRODUCTION

Paradise Valley Unified School District's comprehensive human growth and development curriculum has as its goal to help all students reach and maintain their highest level of health and wellness. Central to this understanding is the interconnectedness of physical, behavioral, and social well being, in addition to a preventive approach to staying healthy. Students learn to make responsible personal decisions while working with others to maintain healthy relationships. The curriculum was developed through a district committee with input from school personnel, parents, clergy, and medical experts who were committed to students' well-being. The adopted curriculum fully complies with the Arizona Department of Education's guidelines for human growth and development education and is an opt-in program for students.

FORMAT

Students with parent permission will receive access to a secure Google Classroom which contains the pre-recorded lesson in a video presentation which they may view on May 12th any time between 1 pm and 8 pm.

Part 1

Students will:

- Understand and explain the differences between bacterial and viral STDs
- Review statistics on HIV and AIDS from CDC website
- Understand the physical effects of sexually transmitted infections (STI)

- Understand how HIV is and is not contracted

- Identify at least three consequences of unprotected sexual activity
- Explain how drug and alcohol use can affect sound judgment and decision-making
- Learn strategies that empower students to refuse and step away from risky situations and behaviors

Part 2

- Define the different types of sexual contact
- Explain why abstinence is the only foolproof method of pregnancy and disease prevention
- Explain the limitations of all other forms of birth control as it relates to pregnancy and sexually transmitted diseases
- Understand the risk and consequences of sexting and other social media
- Identify the six primary sexual offenses according to Arizona laws (indecent exposure, public sexual indecency, sexual abuse, sexual conduct with a minor, sexual assault, molestation of a child)
- Understand the consequences of illegal sexual behaviors