

Parent Informational Video

7th & 8th Grade

Human Growth & Development

Welcome to the human growth and development program overview meeting for parents of 7th and 8th graders.

I am _____. Traditionally, this meeting has been a live, in-person meeting at one of our schools, however, due to remote learning at this time, this meeting has been recorded. So the good news is that you can pause this video and come back to it at any time.

The purpose of this meeting is to introduce Paradise Valley Unified School District's human growth and development instructors, to review program guidelines, and to provide an overview of the goals and objectives.

We will conclude with how to contact us for further information or questions.

Overview for HG & D Lessons

Let's talk about the overview for the human growth and development lessons...

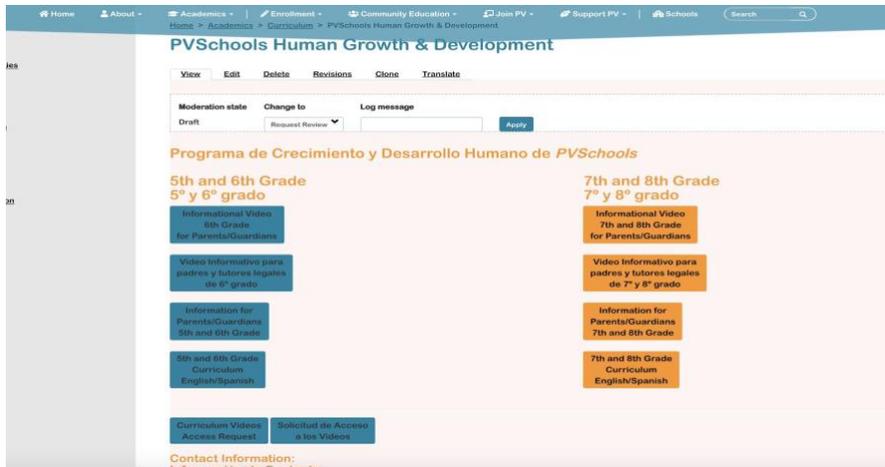
All State Board of Education Rules and Regulations are followed

The adopted curriculum fully complies with the Arizona Department of Education's guidelines for human growth and development education and is an opt-in program for students.

This program follows the Arizona State Board of Education Rules and Regulations. The curriculum was developed through a district committee with input from school personnel, parents, clergy, and medical experts who were committed to students' well-being.

No materials, videos or topics can be added by the instructors or the schools without going through the process of a PV curriculum committee. This is a lengthy process and any changes would be made prior to the start of any school year.

Previewing lessons



<https://www.pvschools.net/academics/curriculum/human-growth-development>

Parents are invited to preview the slides and speaker notes that will be shown to students. To access these materials, click on the link to the PVSchools Human Growth and Development Site emailed to you and click on the "Preview Lessons" button. The lessons are available for preview between the dates indicated on the website.

Format for presentation

When:

7th grade - May 5th

8th grade - May 12th

How: Students with parent permission will access pre-recorded lessons within Google Classroom

The 7th grade curriculum will be made available to 7th grade students on May 5th between 1 pm to 8 pm. The 8th grade curriculum will be made available to 8th grade students on May 12th between 1 pm and 8 pm. Due to the pandemic requirements for social distancing, and multiple models of instruction, we will not be able to deliver the lessons face-to-face. *Instead, the lessons will be pre-recorded by a trained nurse, and posted in the 7th and 8th grade Human Growth and Development Google Classrooms. Students with permission to access the lessons will be invited to join this Google Classroom. During this open window of time, students may log in to this Google Classroom through their chrome device or other computer and view the video lesson. Parents may also opt to view the video with their child. Your child's school nurse will also share her email with the students so they can reach out at any time with any follow-up questions.*

Boys and girls will view the lessons independently during the early release on designated Wednesdays during the month of May. If students have further questions, they are encouraged to have discussions about these topics with their parent(s) or trusted adult(s).

We can provide further resources beyond the school for parents only.

Human Growth & Development is an OPT-IN program

Permission must be granted to allow the students to attend the lessons

Please note that this is an opt-in program for students. Permission forms will be sent home to those students attending in-person school on April 19th. Parents of PVOnline and PVConnect students will be able to access the permission on the Human Growth and Development website April 19th. The letter can be downloaded and printed out, signed by the parent and emailed back to the classroom teacher by April 30th .

Students with parental permission will be granted access to the Google Classroom that contains the lesson pre-recorded by a PV nurse who is trained in delivering the curriculum. Our technology department will upload a file of students who have parent permission and these students will be able to access the Google Classroom by going to classroom.google.com where the Classroom is made available to them on the designated day and window of time which for 6th grade students is May 12 between 1 pm and 8 pm.

Goals and Objectives of Human Growth & Development

And now, we will now review the goals and objectives of Paradise Valley's Human Growth and Development lessons. Traditionally, these lessons have been taught in-person; however, during remote learning, lessons will be conducted through a district-approved pre-recorded virtual presentation. Only students with permission to participate will have access to the virtual presentation of the curriculum.

Goals

The major purposes of our lessons are to provide correct and understandable information to our students regarding:

- human growth and development
- decision-making aligned to family values and life goals
- abstinence as the surest way to prevent pregnancy and sexually transmitted diseases including AIDS

Our goals are to provide correct and understandable information and to encourage students to talk with their parents or trusted adults about the topics presented to help them make choices that match their family's values and goals in life. The major goals for the middle school human growth and development curriculum include.... (refer to slide)

7th Grade:

- Viewing relationships based on family values, religious convictions etc.
- Identify qualities in someone they are considering to date
- Strategies to decline a date that are considerate and respectful of others
- Understand emotional change and sexual feelings within the context of changes occurring in their bodies

7th grade begins with viewing relationships through the values of each student's family. This provides a foundation to assist students in understanding the changes occurring in their bodies.

Read slide:

7th Grade

- Articulate healthy ways to express affection
- Recognize risky behavior and how to avoid unsafe situations
- Understand strategies used to refuse unwanted advances and/or pressure from a boyfriend or girlfriend
- Understand the risk and consequences of sexting and other social media
- Recognize the difference between rape, date rape, molestation, and harassment
- Understand the consequences of illegal sexual behaviors (e.g. rape, date rape, molestation, and harassment)
- Understand the physical effects of sexually transmitted infections (STI)
- Understand how HIV is and is not contracted
- Define abstinence and understand it as a way to avoid contracting an STI or HIV

Day 2 continues with ...(read slide)

8th Grade: Day 1

- Understand and explain the differences between bacterial and viral STDs
- Review statistics on HIV and AIDS from CDC website
- Understand the physical effects of sexually transmitted infections (STI)
- Understand how HIV is and is not contracted
- Identify at least three consequences of unprotected sexual activity
- Explain how drug and alcohol use can affect sound judgment and decision-making
- Learn strategies that empower students to refuse and step away from risky situations and behaviors

8th grade starts with(read slide)

8th Grade: Day 2

- Define the different types of sexual contact
- Explain why abstinence is the only foolproof method of pregnancy and disease prevention
- Explain the limitations of all other forms of birth control as it relates to pregnancy and sexually transmitted diseases
- Understand the risk and consequences of sexting and other social media
- Identify the six primary sexual offenses according to Arizona laws (indecent exposure, public sexual indecency, sexual abuse, sexual conduct with a minor, sexual assault, molestation of a child)
- Understand the consequences of illegal sexual behaviors

8th grade continues with... (read slide)

Emphasize: Goal is to provide correct and understandable information and to encourage students to talk with their families/trusted adults about the information shared, to promote wise decision-making that is aligned to their families values.

Thank you!

Questions?

Please contact your school nurse.

That concludes an overview of the lessons and the end to our presentation.

We look forward to the possibility of having your student attend our lessons this year. Look for a letter from your student's school containing details regarding dates, format, and opting in/out for your child to participate, or go to the human growth and development website to download and print the letter out.

If you have further questions, please feel free to reach out by phone or email to your school nurse.

Thank you for your attention.