

## Community Resources

Dear Families,

We know this is a challenging time for all of you. Please know that your PVUSD district social workers are thinking about you and missing the smiling faces of our students. Mental and emotional health are as important as academic maintenance during the school closures. Use this time to build relationships, have fun, and find interesting opportunities to engage in practical learning. Play family games, cook dinner together, take walks, share lots of hugs and breathe deep.

Should you need any additional assistance as you navigate through all of this, here are some local community resources you can check out.

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**ARIZONA TOGETHER WEBSITE** <https://arizonatogether.org/>

*Comprehensive site to locate resources for families statewide.*

### FOOD BANKS

<b>PV Emergency Food Bank</b>	602.867.9228 - 10862 N 32nd St.
• Monday-Friday 9am-4pm	
<b>Mom's Pantry</b>	602.992.0083 - 13440 N. Cave Creek Rd.
• Sat 10am-2pm; Sun 10am-1pm	
<b>Desert Mission Food Bank</b>	602.870.6062 - 9229 N. 4th St. Phoenix,
• Monday-Friday 9am-3pm.	
<b>St. Mary's Food Bank</b>	3131 W. Thomas Road
• Monday-Friday 9am-4pm	

### Internet services - Cox Communications

<https://www.cox.com/residential/internet/connect2compete/covid-19-response.html>

*Free internet access through May 15*

### Department of Economic Security - <https://des.az.gov/services/coronavirus>

COVID 19 resources related to SNAP, Unemployment, childcare, mortgages, etc.

### Housing

<b>Family Housing Hub</b>	602-595-8700
• For shelter referrals	

### Hotlines

<b>Mobile Crisis Line</b>	602-222-9444
• <i>For mental health crisis</i>	
<b>24 Hr. National Domestic Violence Hotline</b>	1-800-799-SAFE (7233)
<b>Domestic Violence</b>	480-890-3039
• <i>For Maricopa County only</i>	