

PVUSD Fall Sports Plan

The Paradise Valley Unified School District's COVID-19 Fall Sports Plan was developed from the information published by Arizona Interscholastic Association (AIA) and <u>AIA Fall Sports Modifications</u> amongst other Local, State and National sources of information. This plan shall serve as a "living document" as the AIA moves forward with the opening of the fall season. PVUSD is continuing to use the staging of workouts prior to the starting of the specific fall sports. Those dates are as follows (please see the <u>PVUSD Athletics Fall Update</u>, Aug. 20 for specific information on the stages):

- Stage 1 Aug. 3 through Aug. 14
- Stage 2 Aug. 17 through Aug. 28
- Stage 3 Aug. 31 through Sept. 7

AIA Fall Season of Sport Dates:

Golf - First practice – Aug. 17, First competition – Aug. 24

Spiritline (Cheer/Pom) – Tryouts (no stunting) – Aug. 17, Stunting – Sept. 7

Cross Country - First Practice – Aug. 24, First Competition – Sept. 9

Swimming & Diving - First Practice – Aug. 24, First Competition – Sept. 14

Badminton - First Practice – Aug. 31, First Competition – Sept. 14

Volleyball - First Practice – Aug. 31, First Competition – Sept. 21

Football - First Practice – Sept. 7, First Competition – Sept. 30-Oct. 3

AIA Quick Glance Calendar 2020/2021

Additional Considerations- Fall Sports

Live Streaming Contests:

NFHS Network can be utilized for game broadcasts if limited or no spectators are allowed.

Screening:

• Screening/Monitoring of athletes will continue for all sports.

Face Coverings:

• Coaches and staff shall wear face coverings. Students should wear face coverings as much as possible (during non-practice times, stretching, on buses/vans, coming and going to and from the facilities, etc.)

Transportation:

- Transportation will be made available for away games/matches, etc., when possible.
- All persons being transported shall wear face coverings.
- Parents may utilize the <u>Transportation Waiver</u> Form available through each school's athletic department.

Athletic Training Rooms:

 Athletic Trainers will work with the AD's at the schools to establish best practices/protocols for the training rooms.

Locker Rooms:

- Locker rooms are closed until further notice.
- Protocols will be implemented when locker rooms can be utilized.

Hydration:

- Athletes should have their own water for workouts, practices & games.
- AD's will work with the Athletic Trainers for any other hydration needs following safety protocols.

Weight Rooms:

- Weight equipment should be cleaned and sanitized after each use by athletes.
- Athletes should practice proper social distancing where possible in the weight room.

Meeting Rooms:

- Meeting rooms should be used only if proper social distancing can occur.
- Coaches shall stagger meeting times to reduce the number of athletes using a meeting room at a time.
- Coaches should use outside areas or consider virtual options for meeting their athletes.

Random Drug Testing:

- Athlete Drug Testing has been postponed until further notice.
- Schedule will be updated when students are regularly attending school.