

Community Information and Referral

24 hr. referral Community Information & Referral Service: 602-263-8856
Informative Web site for parents: www.notmykid.org

Health Care / Wellness

Arizona Department of Health Hotline —
Children's Information Center: 800-232-1676

Maricopa County Health Department
Pregnancy Support
Center & Connection: 602-506-6339

AIDS / HIV Info and Referral

American Red Cross: 602-336-6660
Arizona Dept of Health Services: 602-230-5819
— ADHS Statewide: 800-334-1540
Maricopa County Public Health Clinic: 602-506-1678
National AIDS Hotline: 800-342-AIDS
Phoenix Body Positive: 602-307-5330
Phoenix SHANTI Group: 602-279-0008

Alternative / Charter Schools

Accelerated Learning Center: 602-485-0309
Foothills Academy: 480-488-5583
Intelli-School High School: 602-564-7203
Ocotillo High School: 602-765-8470
Ombudsman
(Computer assisted learning): 602-840-2997
Polaris (Alternative) High School: 602-449-2300
Prospect (Alternative) Middle School: 602-449-2300

Paradise Valley Unified School District

Cultivating world-class thinkers

Department of Student Services
15002 N. 32nd Street, Phoenix, AZ 85032
602-449-2240
PVschools.net

Crisis Intervention

Banner Behavioral Health Helpline: 602-254-4357
24-hr. assessment on mental health

CASA *Center for prevention of abuse and violence*: 602-254-6400

CASS Vista Emergency Family Center: 602-870-1705
Families seeking shelter and case-management

Child Protective Services: 1-888-767-2445
To report suspicions of child abuse or neglect

ChildHelp USA: 800-422-4453
A place to stay for children ages 10 and under facing a crisis threatening their safety

Desert Mission Food Bank: 602-870-6062
Emergency Food Assistance

Empact Suicide/Crisis hotline: 480-784-1500
For anyone requiring crisis intervention or clinical services

Paradise Valley Food Bank: 602-867-9228
Emergency Food Assistance

Phoenix Police Department: 602-262-6151

Poison Control Center: 800-222-1222
Treatment for toxic exposures

Scottsdale Police Department: 480-312-5000

St. Luke's Behavioral Center: 602-251-8535
24-hr. line for information, patient intake and assessment

Sunnyslope Family Services: 602-495-5229
Emergency Financial Assistance

Teen LifeLine: 602-248-8336
24-hr. crisis/suicide hotline and prevention peer counseling

Value Options Crisis Line: 602-222-9444
Crisis help by phone service; mobile teams and urgent care center referral

Support Groups

Al-Anon/Alateen: 602-249-1257
Attention Deficit Disorder: 480-424-7200
Cancer support / bereavement: 602-230-2273
Depression, grief, divorce, self-esteem: 480-948-7460
Domestic violence: 602-534-3088
Grandparents Raising Grandchildren: 602-274-5022
New Song (grief support): 480-951-8985
Parents Anonymous: 602-248-0428
Self-injurers (anonymous for teens): 602-252-1382
Stepping Stones of Hope (grief support): 602-264-7520

Miscellaneous Services

Adolescent Substance Abuse Program:
Various locations in Phoenix 602-434-0249

AZ Dept of Economic Security:
Information and Referral 602-263-8856
AFDC, food stamps, disability 602-542-9935
Job Service 602-861-0208
Child Protective Services 602-542-3598
Day Care Eligibility 602-569-4719

AZ Supreme Court Parent Assistance Program:
For those involved with Child Protective Services 602-542-9580

Big Brother/Sisters: 602-264-9254
Community Education: 602-867-5109

Community Information and Referral: 602-263-8856 or 602-263-8900

Consumer Credit Counseling: 602-246-2227
Devereaux Arizona: 602-896-3106

Sunnyslope Family Center: 602-344-6300
P. V. Community Center: 602-495-3777

Paradise Valley Food Bank: 602-867-9228
Planned Parenthood: 602-953-9000

Paradise Valley Hospital: 602-923-5000
Sunnyslope Family Center: 602-495-5229

TASC Treatment Assessment Screening Center: 602-254-7328

The New Foundation for Teens and Families: 480-945-3302

Thomas J. Pappas: 602-452-4737
Thunderbird Teen Center: 602-495-7321

Toughlove: 623-846-5464
Vision Quest: 520-299-8993



These agencies and professionals service the behavioral health needs of Northeast Phoenix, Paradise Valley, North Scottsdale and Carefree/Cave Creek. You are urged to discuss professional qualifications, fees and health benefits coverage with several professionals before deciding about services. Endorsement of any individual agency is neither expressed nor implied. The listings were updated in July 2011 and are subject to revision.

Providers who are interested in being listed may call the Paradise Valley Unified School District, Department of Student Services at 602-449-2240. Changes and additions to the information listed here should also be directed to Student Services. The Paradise Valley Unified School District would like to acknowledge Dr. Mark Rohde and Mary Brasch, Family Psych Associates, for being the original authors of this brochure.

It's time to Check out your kid

- Long periods of moodiness or unhappiness
- Unmotivated at school/low grades
- Rebellious/defiant attitude or behavior
- Discipline doesn't seem to work
- Rejection of family values and rules
- No longer seems to care anymore
- Has become more dishonest or secretive
- Poor social skills/few friends/lonely
- No feeling of guilt when doing wrong
- Becomes angry if questioned about drugs
- Disappearance of money or possessions
- Have found drugs or drug paraphernalia
- Dishonesty regarding friends or whereabouts
- Health problems can't be medically explained
- Experiences hallucinations or strange feelings
- Has serious trouble sleeping or wakes early
- Hangs out with drug users or delinquents
- Inappropriate/promiscuous sexual behavior
- Believes that people are against him/her
- Can't control angry thoughts or feelings
- Has attempted suicide
- Has recently gained or lost significant weight
- Vomits after eating
- Experiences panic attacks
- Repeatedly uses poor judgement
- Has unusual fears about common things

In some ways, a child or adolescent's behavior and health come down to a matter of fit. Some fit in...while others become misfits. The truth is that it's often difficult to tell the difference between normal problems and potentially serious **behavioral health conditions**. The agencies and professionals listed inside are specialists in recommending courses of action aimed at enhancing the "fit" between your child, family, community and school.

Don't just take our word for it. Talk it over with your spouse, physician, minister or a good friend.

Agencies

Many agencies offer a range of services and receive funding from private or government sources. Some organizations may adjust fees according to family size and income, but check to be sure. Some agencies may have income eligibility requirements.

Catholic Family & Community Services
1825 W. Northern Ave., Phx. 602-997-6105

Center for Prevention of Abuse and Violence (CASA)
77 E. Thomas, Ste. #112, Phx. 602-254-6400

Community Information and Referral
1515 E. Osborn, Phx. 602-263-8856

Family Service Agency
2400 N. Central Ave., # 300, Phx. 602-264-9891

Franciscan Renewal Center
(Casa de Paz y Bien)
5802 E. Lincoln Dr., Scottsdale 480-948-7460

Jewish Family & Children's Service
7434 E. Stetson Drive, Scottsdale 480-994-8477

Phoenix Interfaith Counseling
12835 N. 32nd Street, Phx. 602-992-7521

Planned Parenthood
3131 E. Thunderbird, Phx. 602-953-9000

Terros
3864 N. 27th Ave., Phx. 602-685-6000

Touchstone Behavioral Health
4614 E. Shea, Suite D-250, Phx. 602-953-9217

Valle de Sol (Latino Counseling)
1209 S. First Ave., Phx. 602-258-6797

Inpatient Programs

These facilities offer 24-hour mental health and substance abuse treatment

Banner Behavioral Health Center
Intake number for all four locations — 602-254-4357

Devereaux Arizona
(Residential Treatment Center)
6436 E. Sweetwater Ave., Scottsdale 480-998-2920

PARC Place
2190 N. Grace Blvd, Chandler 480-917-9301

St. Lukes Behavioral Health Center
1800 E. Van Buren, Phx. 602-251-8535

Private Practitioners

Costs tend to be more standardized, but many practitioners offer flexible fee arrangements. Services provided are often covered by health benefit coverage. Your insurance program may require you to see specific providers if you wish to use your benefit program. Some practitioners also conduct group therapy. Please contact them for current information. Specialties are listed as follows:

- | | |
|------------------------|-----------------------|
| 1. ADHD/ADD | 13. Family Counseling |
| 2. Adolescent (12-19) | 14. Gender Identity |
| 3. Anger Management | 15. Grief/Loss |
| 4. Anxiety/Panic | 16. Incurability |
| 5. Autism | 17. Medication Mgmt. |
| 6. Child (4-12) | 18. Neuropsychology |
| 7. Chronic Pain | 19. Preg/Postpartum |
| 8. Co-Dependency | 20. Sexual Abuse |
| 9. Depression/Suicide | 21. Sleep Disorders |
| 10. Developmental Dis. | 22. Substance Abuse |
| 11. Divorce/Mediation | 23. Teen Pregnancy |
| 12. Eating Disorders | 24. Trauma/Abuse |

Adolescent Substance Abuse Program (ASAP)

Provides intensive outpatient drug rehab

Valleywide locations: www.asapaz.com
Information and intake: 602-434-0249
Specialties: 2 & 22

Bowers Consulting

Psychologist and Counseling Services
9316 E. Raintree #130, 480-314-3338
Scottsdale, 85260

- Douglas Bowers, Ph.D. — Psychologist
- Specialties: 1 - 4, 7 - 9, 11, 13, 14 - 16 & 24*

Family PsychAssociates

Psychologist and Counseling Services
3040 E. Cactus Rd. # A, 602-494-1515
Phx., 85032

- Mark Rohde, Ph.D. — Psychologist Child, Teen & Family
- Jon Willoughby, MC-LPC
- Mary Brasch, MA/MA-LPC — Child / Family Counselor
- Ann Forrester, MA — Child / Family / Adult Counselor
- Hal Nevitt, MSW / LCSW — Social Worker
- Elicia Nademin, Ph.D. — Psychologist
- Noelle Landy, MSW — Social Worker

Specialties: 1 - 4, 6, 7, 8, 9, 11, 12, 13, 14, 15, 16, 20 - 22 & 24

Hunzeker Counseling

10229 N. 92nd St., Ste. 101, 480-994-9773
Scottsdale, 85258
• Tracey Hunzeker — Social Worker/Counselor
Specialties: 4, 9, 12, 13, 20 & 24

Gloria Malone, Ph.D. — Psychologist

12471 N. 76th St., 480-650-2509
Scottsdale, 85260
Specialties: 2, 3, 4, 6, 9, 11, 12, 13, 15 & 24

Marilyn Kieffer-Andrews, CNMM, RNP, Ph.D.

6545 N. 16th St., Phx., 85016 602-230-7113
Specialties: 4, 9, 15, 17 & 19

Melmed Center

4848 E. Cactus Road #940 480-443-0050
Scottsdale, 85254

- Raun Melmed, MD — Developmental Ped.
- Mark Ruggiero, MD — Developmental Ped.
- Jane Privateer, RN, MSN, PsyNP
- Janet Chao, Ed.D. — Psychologist
- Lisa Elder, Psychologist, Psy.D.
- Shabana Jessani, MD — Developmental Ped.
- Agnes Bilog, MD — Developmental Ped.
- Anna de Ocampo, MD — Developmental Ped.
- Laura Jensen, RN, MSN, PsyNP
- Dina Shackni, Psy.D. — Clinical Psychology Fellow
- Gina DeSimone, Psy.D. — Clinical Psychology Fellow

- Ricki Light, M.Ed. — Educational Advocate
- Carol Lockhart, OTR/L — Occupational Therapist
- Craig Ciuk, OTR/L — Occupational Therapist
- Lori Hickman, MS, OTR/L — Occupational Therapist

- Julie Weston, Ph.D. — Psychologist
- Kathy Winfrey — RN, MSN, PsyNP
- Charissa Pe Benito, MD — Developmental Ped.

Specialties: 1 - 24 (except 21)

Mental Health

4545 E. Shea #112, Phx. 85028 602-494-7110
• Susan Baumann, MD — Psychiatrist
• Teresa Buot-Smith, MD — Psychiatrist
• Scott Collier, Ph.D. — Psychologist
• George Joumas, MC 602-392-2012

Specialties: 1, 2, 3, 4, 6, 9, 11, 13, 16, 17 & 24

Valley Clinical Services

10575 N. 114 Street, 480-661-1075
Suite 109, Scottsdale, 85259
4414 N. 19th Ave., Phx. 85015 480-661-1075

- Edwin Perez, MD — Bilingual Child / Adolescent Psychiatrist
- Shabnam Woerner, DO — Child / Adolescent Psychologist
- Jennifer Brummet, LPC — Counselor
- Sarah Hanchett, LCSW — Trauma, Child and Family
- Michelle Reed, LPC — Behavioral and Counseling
- Linda Gray, LPC — Trauma, Child and Family
- Mikelle Belfore, LPC — EMDR and Counseling
- Katrina Sherrill, LAC — Substance Abuse / Counseling
- Gia Elliott, LAC — Eating Disorders, DBT
- Rachel Tombaugh, LAC — Eating Disorders, Child and Family

Specialties: 1, 2, 3, 4, 5, 6, 8, 9, 10, 12, 13, 14, 15, 16, 17, 20, 22 & 24

Paradise Valley Counseling & Consulting, PC

11020 N. Tatum Blvd., 602-996-8619
Phx., 85028

- Martin E. Keller, Ed.D. — Director
- Virginia Keller, RN, MC — Counselor

Specialties: 1, 2, 3, 4, 6 - 15, 20, 22-23 & 24

Professional Psychology Associates

4222 E. Camelback Rd. #H230, 602-852-0911
Phx., 85018

- David Friedman, MD — Psychiatrist
- Michael Liebman, CPC — Counselor
- Philip D. Lett, Ph.D. — Psychologist
- Deb Merrifield, PsyD. — Psychologist
- David Seaton, Ph.D. — Psychologist

Specialties: 1 - 4, 6, 8, 9, 11, 13 - 17, 19, 20, 22, 23 & 24

Robert Williams, MD — Psychiatrist

5133 N. Central, Ste. #107, Phx. 85012 602-279-1026

Brady Wilson, Ph.D. — Psychologist

9316 E Raintree, Ste. 130, 480-778-0202
Scottsdale 85260

Specialties: 1 - 4, 7 - 9, 11, 13, 14 - 16 & 24

Eddie Yoder, LCSW

1536 E. Maryland Ave., Ste. C101, Phx., 85014
602-266-2282

Specialty: 12